



Office of the Residency Program

June 15, 2026

Dear Selection Committee:

It is our strong pleasure to offer this letter of enthusiastic support for **Dr. Jeffrey Goodie** for the **CFHA Outstanding Contributions to the Primary Care Behavioral Health (PCBH) Model Award**, recognizing outstanding contributions to health care through commitment to and use of the PCBH model. Based on the accomplishments of Dr. Goodie, he exemplifies the spirit of this honor through sustained leadership, scholarly productivity, teaching, mentoring, and service that have advanced integrated behavioral health in primary care across clinical, academic, and military health systems. His career reflects not only deep expertise in PCBH, but also an enduring commitment to comprehensive, accessible, and cost-effective care consistent with the mission of promoting integrated models that improve outcomes for patients, families, and communities.

Dr. Goodie's record demonstrates longstanding, high-impact leadership in embedding behavioral health within primary care settings. His professional appointments include service as Director of Clinical Health Psychology Services in Family Medicine at the Uniformed Services University, where he provided assessment and intervention for patients and families, instructed medical students in behavior change techniques during the Family Medicine clerkship, supervised trainees, and developed research projects evaluating behavior change strategies in primary care. Earlier in his career, he served as a Behavioral Health Consultant in Family Medicine and Internal Medicine settings at Wilford Hall Medical Center, delivering consultation to primary care teams, developing behavioral interventions for referred patients, and helping shape the practical integration of behavioral health into routine medical care. Across these roles, he has demonstrated precisely the kind of hands-on implementation and practice management that this award is meant to recognize: translating PCBH principles into care models that are targeted, team-based, population-focused, and responsive to real-world clinical demands.

Equally compelling is Dr. Goodie's national and international scholarly influence on the PCBH model. His publications alone establish him as a major contributor to the field's evidence base, with 7 articles cited hundreds of times. He coauthored foundational and practice-shaping works such as *Primary Care Behavioral Health (PCBH) model research: Current state of the science and a call to action* (doi.org/10.1007/s10880-017-9512-0), *Operational and clinical components for integrated-collaborative care in the patient-centered medical home* (doi.org/10.1037/a0021761), *Tipping points in the Department of Defense's experience with psychologists in primary care* (doi.org/10.1037/a0035806), and *Optimizing and personalizing behavioral health care in the U.S. Department of Defense through primary care behavioral health* (doi.org/10.1136/military-2022-002312). He has also contributed directly to the development of practical clinical resources through multiple editions of the book *Integrated Behavioral Health in Primary Care: Step-by-Step Guidance for Assessment and Intervention*, a widely recognized text that has helped train clinicians and standardize high-quality integrated care. **Dr. Goodie is also in the process of editing a pediatric version of this book to support BHCs working with pediatric populations in primary care settings.** In addition, his work on chronic pain, insomnia, PTSD, health behavior change, and targeted interventions in primary care settings shows how PCBH can be used to address common and high-burden conditions efficiently and effectively. This combination of conceptual leadership and practical scholarship has helped shape the field for both researchers and frontline clinicians.

Family and Community Medicine | Mail Code 7795 | 7703 Floyd Curl Drive | San Antonio, Texas 78229-3900 |

210.358.3888 | Fax 210.220.3763 | <http://uthscsa.edu> | <http://familymed.uthscsa.edu>

Dr. Goodie's contributions to education, training, and mentorship are similarly exceptional. He has held major academic leadership roles, including Director of Clinical Training and Professor at the Uniformed Services University, where he oversaw curriculum development, clinical skills training, practicum and internship advising, policy development, and professional development programming for doctoral psychology trainees. He has decades of supervision, consultation, and didactic teaching for psychology residents, medical students, family medicine learners, and interdisciplinary professionals. He has also been deeply involved in preparing the next generation of integrated care clinicians through workshops and presentations on competency development, practical skills for integrated primary care, and the future of training in behavioral medicine and PCBH. **Importantly, his scholarship and presentations repeatedly include students and early-career collaborators, underscoring a consistent pattern of mentorship. In this way, Dr. Goodie has not only practiced and researched PCBH, but has actively built the workforce needed to sustain and extend it.**

Another distinguishing strength is the breadth of Dr. Goodie's service and leadership beyond the clinic and classroom. **His work spans association activity, interprofessional education, military and federal systems leadership, and public-facing efforts that elevate the value of integrated behavioral health.** He has contributed to curriculum development for interprofessional seminars on integrated primary care, co-chaired educational initiatives, delivered national workshops at major professional meetings, and participated in policy and operational roles related to behavioral health and resilience in public health emergencies and military contexts. These experiences reflect a professional identity rooted in service to the broader field, not solely to individual programs or institutions. They also demonstrate his capacity to advocate for integrated care in complex systems where access, readiness, function, and cost-effectiveness matter deeply. **Few nominees can match the scope with which he has brought PCBH principles to bear across academic medicine, military health, and health policy environments.**

Most importantly, Dr. Goodie's career reflects the core values at the heart of this award. He has consistently advanced comprehensive care by addressing behavioral and physical health together rather than in isolation. He has promoted cost-effective models by championing targeted, team-based, accessible interventions in primary care. Dr. Goodie has improved education and supervision so that integrated care can be delivered with fidelity and skill, and **critically, he has strengthened the field's scientific and practical foundation through influential scholarship, teaching resources, and mentorship.** For all of these reasons, we offer our strongest endorsement of Dr. Jeffrey Goodie for this award. We extend our deepest gratitude to Jeff – for **being a leader, mentor, and most importantly, a friend. Dr. Goodie is a highly deserving nominee whose contributions have meaningfully and irrevocably advanced the PCBH model and the broader mission of health care.**

Sincerely,



Stacy A. Ogbeide, PsyD, ABPP

Board Certified Clinical Health Psychologist

Tenured Associate Professor of Family & Community Medicine and Psychiatry & Behavioral Sciences

Vice Chair of Professional Development & Scholarship, Family & Community Medicine

Primary Care Track Coordinator, APA accredited Psychology Internship

Assistant Dean for Faculty Vitality – Long School of Medicine

UT Health San Antonio

ogbeide@uthscsa.edu



Kathryn E. Kanzler, PsyD, ABPP

Board Certified Clinical Health Psychologist

Associate Professor

Department of Medicine, Section of Health Services Research

Department of Psychiatry and Behavioral Sciences

Baylor College of Medicine

Kathryn.Kanzler@BCM.edu

Health Scientist

Center for Innovations In Quality, Effectiveness, and Safety (IQuEST)

Michael E. DeBakey VA Medical Center

