

EVIDENCE TO GO

Research Updates for Health Professionals

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Electronic screening and brief intervention for unhealthy alcohol use in primary care waiting rooms: A pilot project

All monthly updates prepared by volunteer early career professional members of the Evidence To Go subcommittee of the CFHA Research & Evaluation Committee. Updates are peer reviewed by CFHA researchers.



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Stay up to Date with Key Findings in Integrated Care

The purpose of this bulletin is to provide brief summaries of new research studies for healthcare professionals and administrators who are interested in keeping up with the latest discoveries but do not have enough time to read the entire journal articles. The articles are chosen based on interest to CFHA members as well as overall importance to the field. There are always limitations to the study findings, so we encourage you to read the entire article.



"Sometimes I only have one minute to scan an email for research updates. This bulletin gives me the opportunity to quickly gather information that pertains to my area of practice..."

- Giuliana McQuirt, Psy.D.

2 Minutes to a Healthier You!

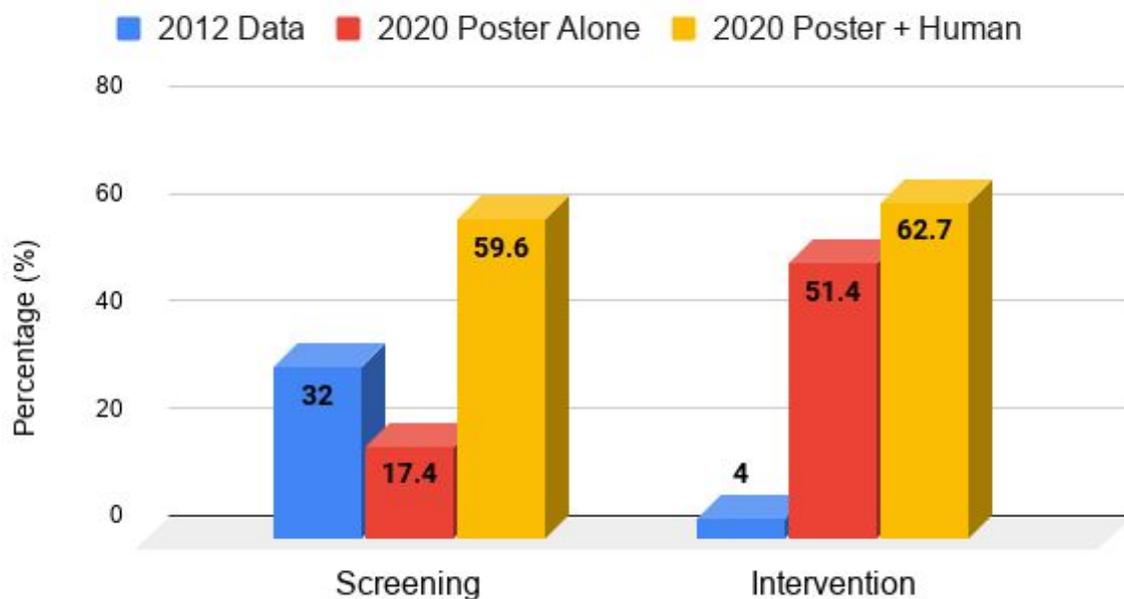
Can a short, self-administered electronic screening and intervention device for alcohol use be helpful in PCP offices?

Pilot project

- ❖ Device placed in PCP waiting rooms
- ❖ Encouraged to take screening by poster or poster plus human interaction
- ❖ Brief intervention given if positive screening for unhealthy alcohol use
- ❖ Screening = 2 minutes; Screening + intervention = 3 minutes

Results

Screening and Intervention Rates



Key takeaways

- Adding a human presence greatly increased screening and intervention rates
 - ◆ Human interaction included bringing patient's attention to the device and offering assistance when needed
- Device showed a good rate of brief intervention delivery when patients were willing to complete the screening
- Using an electronic screening and intervention device for unhealthy alcohol use is feasible and acceptable in PCP offices, but without human support its use is limited