

EVIDENCE TO GO

Research Updates for Health Professionals

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Factors affecting primary care practitioners' alcohol-related discussions with older adults: a qualitative study

All monthly updates prepared by volunteer early career professionals and members of the Evidence To Go subcommittee of the CFHA Research & Evaluation Committee. Updates are peer reviewed by CFHA researchers.



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Stay up to Date with Key Findings in Integrated Care

The purpose of this bulletin is to provide brief summaries of new research studies for healthcare professionals and administrators who are interested in keeping up with the latest discoveries but do not have enough time to read the entire journal articles. The articles are chosen based on interest to CFHA members as well as overall importance to the field. There are always limitations to the study findings, so we encourage you to read the entire article.



"Sometimes I only have one minute to scan an email for research updates. This bulletin gives me the opportunity to quickly gather information that pertains to my area of practice..."

- Giuliana McQuirt, Psy.D.

PCP views on factors that influence discussions with older people about alcohol risk

"Sometimes we worry about raising it because we assume patients are going to feel judged, but doing it more often it's much easier"

"If its normalised, its good because it seems to be more acceptable..."

"If you can intervene and say this is really important, I want you to go see these people...you have to have that pathway for people to follow"

"The thing with elders ...they're less likely to change"

"If we had enough time with older people, alcohol would be in it..."

"If someone was yellow, or if someone had abdominal symptoms, pain, diarrhea, I'd probably bring up alcohol"

Check in with PCPs about:

- Having enough time to ask about alcohol use
- Comfort/confidence level in asking about alcohol use
- Perceptions about older people's receptivity to change
- Resource availability for treatment referrals